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## Relationship Coach Dylan Thrasher Blasts Traditional Marriage Therapy

By: [PRI News](#)

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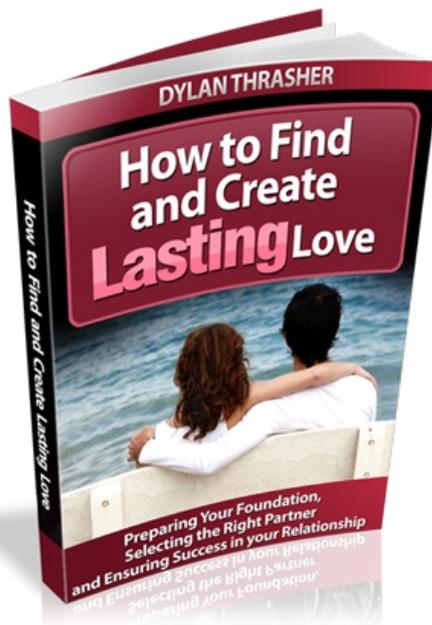
***Life and Relationship Coach Dylan Thrasher blasts traditional, 'ineffective' marriage therapy and makes a case for Relationship Coaching in new online post.***

San Diego, CA (PRI) July 23, 2012- Expert [Life and Relationship Coach Dylan Thrasher](#) recently generated controversy with comments taking aim at traditional marriage therapy in his recent [blog posting](#). "There's a reason many people roll their eyes when the subject of going to marriage counseling comes up, it doesn't work for many, if not most of them," says Mr. Thrasher.

In his posting, he explores various reasons for the lack of success, including the competency of therapists practicing marital counseling, including their lack of experience within the specific field as many of them choose to practice it without actual marriage and family therapy coursework, clinical experience or specific certification.

He also examines the 'pathological labeling,' as he refers to it, where therapists will prematurely assign diagnoses to patients which their spouse may choose to focus on, avoiding the true issues which may be underlying in the relationship conflicts. Further referenced are divorce rates prevalent amongst therapists, bringing question to their objectivity and effectiveness in marriage in between influences that may be brought in from their own lives along with those of other patients.

"All things considered, I choose to focus on strengthening a marriage throughout its duration," adds Thrasher. "My book, [How to Find and Create Lasting Love](#), is providing a roadmap to not only build the foundation in yourself for a healthy relationship and providing the tools to help find the right partner, but speaks to *keeping* the relationship healthy, happy and poised for **lasting love with successful relationship techniques** highlighted throughout. I really want people to have strong, **healthy relationships and marriages**, and not need to see a marriage therapist towards the end of a relationship, as they often do. My relationship coaching sessions are geared towards people individually or together as a



couple."

For more information or to setup interviews, speaking engagements, etc. please contact:

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### **About Dylan Thrasher**

Dylan Thrasher specializes in the social dynamics of people, life, dating and relationships. His extensive work in human behavior has helped thousands of men and women better their lives, attract the right partners, repair and improve the right relationships and learn when it is time to walk away from the wrong ones. Dylan focuses all his solutions on internal strength, willpower and actions to achieve exactly the life you deserve to live, as he delivers the path to clients in his trademark, no-nonsense 'brutal truth' manner caring more about effectiveness and not paying mind to whether or not it may cause offense. Between his personal coaching sessions, book writing and interviews, he speaks for groups and events aimed at finding and bettering lasting relationships.

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